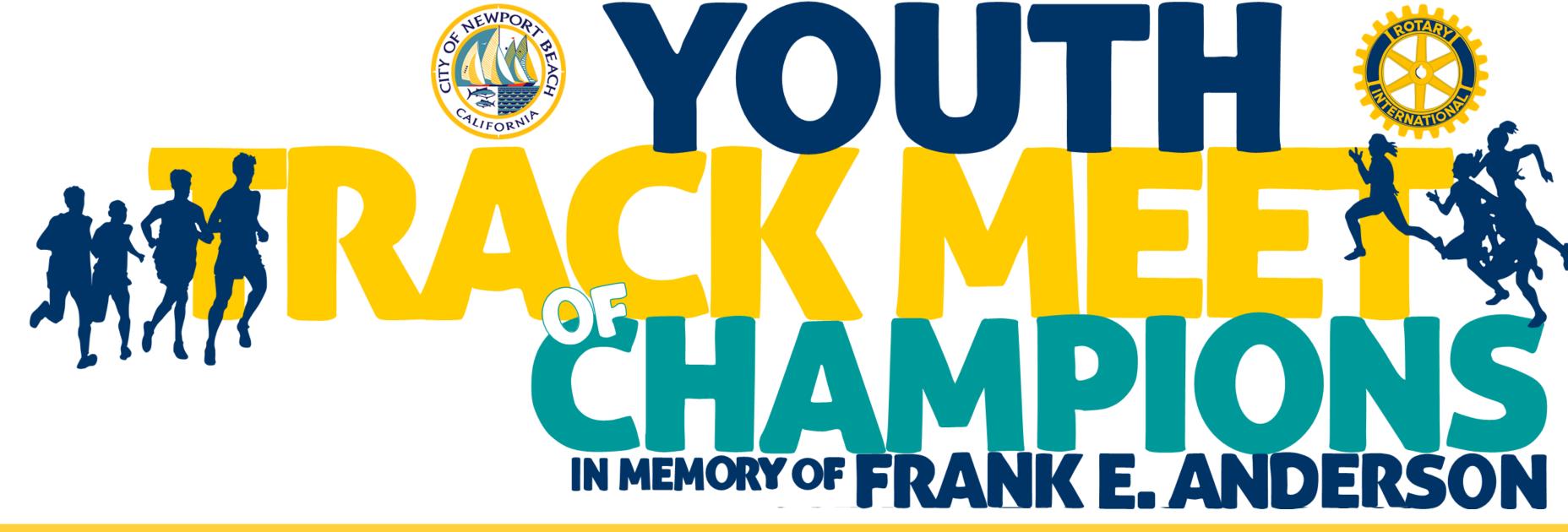
Friday, April 19, 2024 Newport Harbor High School



SCHEDULE OF EVENTS

2:30pm- 4:00pm: Check-in

4:00pm-4:15pm: Opening Ceremonies (Welcoming of Athletes, Speech & Presentation of the

National Anthem)

*All times are approximate and are subject to change. Events will alternate boys and girls.

FIELD EVENTTIMES

4:30-5:15PM- LONG JUMP

Division 17, Division 16, Division 15

4:30-5:00PM- HIGH JUMP

Division 11, Division 09/10

5:15-6:00PM- LONG JUMP

Division 14, Division 13, Division 12

6:00-6:30PM- LONG JUMP

Division 11, Division 09/10

4:30pm-5:15pm-SOFTBALL THROW

Division 17, Division 16, Division 15

4:30-5:00PM- SHOT PUT

Division 11, Division 09/10

5:15-6:00PM-SOFTBALL THROW

Division 14, Division 13, Division 12

6:00-6:30PM-SOFTBALL THROW

Division 11, Division 09/10

Please note that each field event will close on time! Take the following steps if you have a scheduling conflict with a running event: 1. Check-in with the official at the field event, 2. Participate in the running event, 3. Go back to your field event after the running event

RUNNING EVENT TIMES

4:30PM- 400m RUN

Division 16, Division 15, Division 14, Division 13, Division 12, Division 11, Division 09/10

5:00PM- 1600m Run

Division 11, Division 09/10, Open Division

5:30PM-50m DASH

Division 17, Division 16, Division 15,

6:00PM- 100m HEAT/FINAL

Division 16, Division 15, Division 14, Division 13, Division 09/10, Division 11, Division 12, Division 13

6:30PM-100m HEAT/FINAL

Division 14, Division 15, Division 16, Division 17

7:00PM-800m RUN

Division 14, Division 12, Division 12

7:15PM- 200m RUN

Division 17, Division 16, Division 15, Division 14, Division 13, Division 12, Division 11, Division 09/10