



2024 PacWest Conference Track & Field Championships

**hosted by Westmont College
Santa Barbara, California
April 26-27, 2024**

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SECTION 1**Championship Personnel****Event:** 2024 PacWest Track & Field Championships (hosted by Westmont College)**Location:** Westmont Track and Thorrington Field**Address:** 955 La Paz Rd, Santa Barbara, CA 93108

| PacWest Track & Field Championship Personnel | |
|---|--|
| Joe Reinsch Assistant Commissioner, PacWest Conference | 626-482-5697 jreinsch@thepacwest.com |
| Russ Blunck Sports Communications Director, PacWest Conference | 503-930-1275 rblunck@thepacwest.com |
| Robert Ruiz Director of Athletics, Westmont College | 951-764-5997 rruiz@westmont.edu |
| Russell Smelley Track & Field Head Coach, Westmont College | 805-455-4469 smelley@westmont.edu |
| Jeff Azain Associate AD, Westmont College | 805-895-9635 jazain@westmont.edu |
| Jill Heckman Assistant AD, Operations, Westmont College | 805-625-2169 jheckman@westmont.edu |
| Ron Smith Associate AD, Communication, Westmont College | 805-637-9832 rosmith@westmont.edu |
| Jacob Norling Sports Information Assistant, Westmont College | 805-868-4141 jnorling@westmont.edu |
| Bridget Coonan Athletic Trainer (Track & Field), Westmont College | 805-794-6139 bcoonan@westmont.edu |
| Melissa Katherman Head Athletic Trainer, Westmont College | 909-455-6389 mkatherman@westmont.edu |
| Jessica Harbison Weaver Commissioner, PacWest Conference | 562-684-7264 jharbisonweaver@thepacwest.com |
| Meet Timing | |
| Alex Case Timing Official, Finished Results | EMAIL: case@finishedresults.com |

SECTION 2

Schedule of Events

| Friday, April 26 | | | |
|------------------------------------|------------------------------------|----------------------------------|----------------------------|
| Running Event Time Schedule | | Field Event Time Schedule | |
| 11:00 a.m. | Decathlon 100m | 11:00 a.m. | Men's Hammer (Final) |
| 11:20 a.m. | Heptathlon 100m hurdles | 11:40 a.m. | Decathlon Long Jump |
| 1:15 p.m. | Men's 1500m (trials) | 12:00 p.m. | Heptathlon High Jump |
| 1:30 p.m. | Women's 1500m (trials) | 12:45 p.m. | Men's Pole Vault (Final) |
| 1:45 p.m. | Women's 100m hurdles (trials) | | Women's Long Jump (Final) |
| 2:00 p.m. | Men's 110m hurdles (trials) | 1:00 p.m. | Men's Javelin (Final) |
| 2:15 p.m. | Men's 400m (trials) | | Decathlon Shot Put |
| 2:30 p.m. | Women's 400m (trials) | 1:30 p.m. | Heptathlon Shot Put |
| 2:45 p.m. | Heptathlon 200m | | Women's Hammer (Final) |
| 2:55 p.m. | Men's 100m (trials) | 2:15 p.m. | Decathlon High Jump |
| 3:05 p.m. | Women's 100m (trials) | 3:30 p.m. | Men's Long Jump (Final) |
| 3:15 p.m. | Men's 800m (trials) | 4:00 p.m. | Women's Javelin (Final) |
| 3:30 p.m. | Women's 800m (trials) | | Women's Pole Vault (Final) |
| 3:45 p.m. | Decathlon 400m | | |
| 4:00 p.m. | Men's 400m hurdles (trials) | | |
| 4:15 p.m. | Women's 400m hurdles (trials) | | |
| 4:30 p.m. | Men's 200m (trials) | | |
| 4:45 p.m. | Women's 200m (trials) | | |
| 5:00 p.m. | Men's 3000m Steeplechase (Final) | | |
| 5:15 p.m. | Women's 3000m Steeplechase (Final) | | |
| 5:30 p.m. | Men's 10,000m (Final) | | |
| 6:10 p.m. | Women's 10,000m (Final) | | |

| Saturday, April 27 | | | |
|------------------------------------|--|----------------------------------|-----------------------------|
| Running Event Time Schedule | | Field Event Time Schedule | |
| 10:00 a.m. | Decathlon 110m hurdles | 10:40 a.m. | Decathlon Discus |
| 12:30 p.m. | Men's 4x100m Relay (Final) | 11:00 a.m. | Heptathlon Long Jump |
| 12:40 p.m. | Women's 4x100m Relay (Final) | | Men's Shot Put (Final) |
| 12:50 p.m. | Men's 1500m (Final) | | Men's High Jump (Final) |
| 1:00 p.m. | Women's 1500m (Final) | | Women's Discus (Final) |
| 1:15 p.m. | Men's 110m hurdles (Final) | 11:30 a.m. | Women's Triple Jump (Final) |
| 1:25 p.m. | Women's 100m hurdles (Final) | 12:15 p.m. | Heptathlon Javelin |
| 1:35 p.m. | Men's 400m (Final) | | Decathlon Pole Vault |
| 1:45 p.m. | Women's 400m (Final) | 1:30 p.m. | Women's High Jump (Final) |
| 1:55 p.m. | Men's 100m (Final) | | Men's Triple Jump (Final) |
| 2:05 p.m. | Women's 100m (Final) | 1:45 p.m. | Men's Discus (Final) |
| 2:15 p.m. | Heptathlon 800m | | Women's Shot Put (Final) |
| 2:25 p.m. | Men's 800m (Final) | 2:30 p.m. | Decathlon Javelin |
| 2:35 p.m. | Women's 800m (Final) | | |
| 2:50 p.m. | Men's 400m hurdles (Final) | | |
| 3:00 p.m. | Women's 400m hurdles (Final) | | |
| 3:10 p.m. | Men's 200m (Final) | | |
| 3:20 p.m. | Women's 200m (Final) | | |
| 3:30 p.m. | Men's 5000m (Final) | | |
| 3:50 p.m. | Women's 5000m (Final) | | |
| 4:15 p.m. | Decathlon 1500m | | |
| 4:30 p.m. | Men's 4x400m Relay (Final) | | |
| 4:40 p.m. | Women's 4x400m Relay (Final) | | |
| 5:00 p.m. | Awards Presentation (top 3 finishers in each event, including relays, are awarded All-PacWest First Team medals) | | |

SECTION 3

Qualifying Standards (updated September 12, 2023)

2024 PacWest Automatic Outdoor Track & Field Qualifying Standards

95% of NCAA provisional standard marks

2024 NCAA Division II Outdoor Provisional Standards:

https://ncaaorg.s3.amazonaws.com/championships/sports/crosstrack/d2/outdoortf/2023-24D2XTO_OutdoorQualifyingStandards.pdf

| Men's Qualifying Standards | | | Women's Qualifying Standards | | |
|----------------------------|-----------------------------|------------------------|------------------------------|-----------------------------|------------------------|
| <i>Event</i> | <i>NCAA DII provisional</i> | <i>95% of standard</i> | <i>Event</i> | <i>NCAA DII provisional</i> | <i>95% of standard</i> |
| 100m | 10.50 | 11.06 | 100m | 11.81 | 12.44 |
| 200m | 21.21 | 22.33 | 200m | 24.26 | 25.54 |
| 400m | 47.74 | 50.26 | 400m | 55.93 | 58.88 |
| 800m | 1:51.23 | 1:57.09 | 800m | 2:11.87 | 2:18.82 |
| 1500m | 3:48.91 | 4:00.96 | 1500m | 4:31.00 | 4:45.27 |
| 3000m Steeplechase | 9:12.31 | 9:41.38 | 3000m Steeplechase | 11:02.99 | 11:37.89 |
| 5000m | 14:21.69 | 15:07.05 | 5000m | 17:03.78 | 17:57.67 |
| 10,000m | 30:19.08 | 31:54.83 | 10,000m | 36:21.84 | 38:16.68 |
| 110m Hurdles | 14.44 | 15.20 | 100m Hurdles | 14.22 | 14.97 |
| 400m Hurdles | 53.27 | 56.08 | 400m Hurdles | 1:02.36 | 1:05.65 |
| 4x100m Relay | 40.91 | — | 4x100m Relay | 46.71 | — |
| 4x400m Relay | 3:13.85 | — | 4x400m Relay | 3:49.10 | — |
| High Jump | 2.04m | 1.93m | High Jump | 1.67m | 1.58m |
| Pole Vault | 4.83m | 4.58m | Pole Vault | 3.77m | 3.58m |
| Long Jump | 7.30m | 6.93m | Long Jump | 5.84m | 5.54m |
| Triple Jump | 14.69 | 13.95m | Triple Jump | 11.97m | 11.37m |
| Shot Put | 16.64m | 15.80m | Shot Put | 13.81m | 13.11m |
| Discus | 50.50m | 47.97m | Discus | 45.21m | 42.94m |
| Hammer | 57.01m | 54.15m | Hammer | 52.58m | 49.95m |
| Javelin | 58.47m | 55.54m | Javelin | 41.98m | 39.88m |
| Decathlon | 6,331 pts | 6,014 pts | Heptathlon | 4,504 pts | 4,278 pts |

SECTION 4**Meet Information**

| Key Dates & Times | | |
|------------------------------|---|--|
| Thursday, April 18 | 11:00 a.m. | Pre-Championship Meeting (via Zoom) |
| Monday, April 22 | 5:00 p.m. | Entries due in Direct Athletics |
| Tuesday, April 23 | 8:00 p.m. | Student-athlete bio forms due |
| Wednesday, April 24 | 5:00 p.m. | Coaches Technical Meeting (via Zoom) |
| Thursday, April 25 | 2:00 p.m. - 6:00 p.m. | Westmont Track Practice Availability |
| Friday, April 26 | PacWest Track & Field Championships (Day 1) | |
| Saturday, April 27 | PacWest Track & Field Championships (Day 2) | |

PacWest Conference Track & Field Regulations

Complete PacWest Conference Track & Field Regulations are available at:

https://thepacwest.com/sports/2014/9/17/GEN_0917143608.aspx?id=24&

Entry Information

TFRRS PacWest Performance List:

https://soap.tfrrs.org/lists/4564/PacWest_Outdoor_Performance_List

Meet entries are due Monday, April 22, 5:00 p.m. through Direct Athletics:

<https://www.directathletics.com/meets/track/84564.html>

Entry Timeline

| Monday, April 22, 5:00 p.m. | Entry Deadline (Direct Athletics) |
|------------------------------------|--|
| Monday, April 22, 6:00 p.m. | Confirmed entries emailed to head coaches |
| Monday, April 22, 7:00 p.m. | Final declarations/appeals of school entries due |
| Tuesday, April 23, 1:00 p.m. | List of declared athletes published and emailed to coaches |
| Thursday, April 25, 12:00 p.m. | Scratch deadline |

Timing and Results

Finished Results will be used for timing and scoring the PacWest Track & Field Championships.

Live results are available at: <https://finishedresults.trackscoreboard.com/meets/11869/>

Scoring

Scoring in individual events and relays will be 10-8-6-5-4-3-2-1 (NCAA Rule 7; Section 1; Article 2)

Check-in/Calls

Event calls at 30 minutes and 15 minutes. Athletes and coaches are responsible for reporting to the Clerk's Tent for check in and to be escorted to their event start line or venue.

Track event athletes must check-in no later than 30 minutes prior to the start at the Clerk's Tent, located at the gate on the fence along the first turn of the track at the team camps. There will be a spike check (1/4" pyramids only), bib number check and hip numbers handed out. Runners report to the check in tent 10 minutes before race time and will be escorted to the starting line 5 minutes prior to the race start.

Field event athletes report to the Clerk's Tent no later than 60 minutes prior to their event. Athletes will be escorted to their event site 45 minutes prior to the event start.

Implement Certification

All throwing implements must be certified and impounded prior to competition. Implement weigh-in will take place inside the track shed. **(Weigh-ins on Friday, April 26 between 8:00 am and Noon) Certified implements will be brought to the throw venue by meet officials.**

Meet Officials

A Championships Committee will review and resolve all issues and disputes not under the purview of the meet officials. The Championships Committee shall be comprised of the Host Athletic Director (or host school administrative designee), the PacWest Track and Field sport committee, and the Commissioner (or conference office designee.) The Championships Committee may confer with Host Head Coach, Meet Head Official, and USATF governing body, and others, as necessary. The Championships Committee decision is final and may not be appealed.

Opening Heights (vertical jumps)

Opening heights and progressions for the vertical jumps will be established at the technical meeting. Recommendations for progressions will be 15cm for the men's and women's Pole Vault, and 5cm for the men's and women's High Jumps. Attention will be given to NCAA automatic and provisional qualifying standards.

Spikes

Spike sizes for the RUNNING EVENTS up to 1/4" pyramid.

Spike sizes for RUNWAYS 1/4" pyramids

Warm-up Area

The warm up area will be on the outfield grass of Russell Carr Field (baseball field adjacent to the stadium). There will be no warm-ups allowed on the track. DO NOT remove any hurdles from the track. Hurdles will be available in the warm-up area.

Hotel Accommodations

All schools will be responsible for arranging their own lodging and ground transportation reservations.

Team Arrival & Parking

We will assign and reserve parking for buses and vans for each participating school in and around parking lot #10 across from Thorrington Field/Track (campus map in Appendix A)

Passes & Credentials

Each team member (players, coaches, athletic trainers, managers) will be issued a wristband. The wristband must be visible at all times, except during practice and competition, in order to access competition and coaching areas inside the track area.

Team Tents

Team camps are on the grass outside the fence along the first turn of the track. Each team will have a 20' front to the track along the sidewalk and out to the street. Trash cans will be placed along the fence. The road will be blocked during competition as a safety precaution and also available for warm-up as needed. No team tents or camps in the grandstand.

Trash cans will be placed along the fence in the team camp area. Please clean up team camp area of all trash at the end of each day of competition.

Rest rooms are available on the north end of the track shed. Port a potties will also be placed at the entrance to the baseball field warm up area, at the end of the pole vault runway and at the 200 meter start area.

Team Member Seating

The track and the field area is restricted to access for athletes in current events to maximize their visibility, and for the livestreaming broadcast to have clear lines of view. Non-participating team members must remain outside the competition area at all times when they are not actively in a competition. The grandstand, pole vault bleachers and small bleachers across the track from the shot put and javelin are available for viewing.

COACHES and ATHLETIC TRAINERS are limited to the walking lane outside lane 8. No on field access for coaches. All field events coaching boxes are allowed from the walking lane. Athletes may come across the track to the coach for competition instruction. Video is allowed per NCAA rules. Coaches enter and exit the track under the scoreboard in front of the track shed.

Team Meals

Meals may be purchased at the Westmont Dining Commons by making arrangements with the Bon Appetit General Manager, Bradley Escobar. Phone: (805) 565-6082; Email: bradley.escobar@cafebonappetit.com

Non-Participant Seating

Non-participating student-athletes must remain outside the competition area at all times.

SECTION 6

Tickets & Spectator Information

Prices (per day)

| | |
|---------------------------------|------|
| Adult | \$10 |
| Two-Day Meet Pass | \$15 |
| Student/Senior Citizen/Military | \$5 |
| Under 12 years old | Free |

Student is defined as anyone 12-18 or a college student with a valid ID. Senior citizen is defined as anyone over the age of 65. Military must have a valid ID.

Availability

Tickets will be sold exclusively online through HomeTown Ticketing. Each ticket is valid for all events during that day of competition. Re-entry is permissible. A two-day meet pass is also available through the end of the first day of the championships.

Complimentary tickets (pass list) are not available for participating players or students.

Gates Open

Spectator seating will be open at 11:00 a.m. on Friday, April 26 and 12:00 p.m. on Saturday, April 27.

Online Tickets

Tickets may be purchased online **HERE:** <https://thepacwest.com/tickets>
https://thepacwest.com/sports/2020/12/7/GEN_1207205334.aspx

Tickets will be available for purchase beginning on Friday, April 19, at 10:00 a.m. (Pacific).

Group Orders

Participating schools may purchase tickets for a group (ie. students, alumni) and receive a bill after the championship. Contact Jeff Azain.

Credentials

Contact Russ Blunck for all media credential requests. It is preferred to have each institution submit a list of all media, including university staff (SID, photographer, videographer) by **Monday, April 22**.

Live Results

Live results are provided by Finished Results at:

<https://finishedresults.trackscoreboard.com/meets/11869/>

By request, full results (PDF format) can be provided. Contact Russ Blunck.

Meet Records

The PacWest Championship meet records can be found on the PacWest website at:

https://thepacwest.com/documents/2023/5/2/updated_2023_PacWest_meet_records.pdf

Media Seating & Work Area

Covered media seating will be available at the top of the stands. Both Ethernet and wireless internet will be available. To reserve a seat on in the press area, please email Ron Smith at rosmith@westmont.edu

Video Streaming

A live video stream will be available, covering as many events as possible during the championships. <https://athletics.westmont.edu/video>

Awards

The top 3 finishers in each event, including relays, are awarded All-PacWest First Team medals. This awards presentation will take place following the 4x400 meter relay finals.

In addition, the following awards will be presented (voted on by head coaches):

- Most Outstanding Male Field Athlete
- Most Outstanding Male Track Athlete
- Most Outstanding Female Field Athlete
- Most Outstanding Female Track Athlete

The awards presentation will conclude with the team champion trophy presentation.

Medical Services

The medical tent will be located at the entrance to the track. There you will find water, treatment tables, injury ice, first aid supplies, and emergency supplies (splint bag, crutch bag). The AED is located inside the track shed on the left hand wall. Teams are required to bring their own medical kit with tape and any other supplies they may need.

All treatments must be under the supervision of your institution's certified athletic trainer (AT). If you are not traveling with an AT, a formal letter from your AT specifying treatment protocols must accompany the athlete. Treatments dictated by the student athlete will not be performed. All other athletes not under the care of a certified athletic trainer will be formally evaluated by a Westmont College athletic trainer before any treatments are performed.

The Westmont College athletic training room (ATR), located up the hill from the track across from the observatory, will open one hour before the first event for each day of competition (10:00 am on Friday 4/26/24 and 9:00 am on Saturday 4/27/24). The use of the ATR and its modalities (electrical stimulation, ultrasound, hot packs) will be limited and based on special requests that must be made and approved in advance.

If you have any sports medicine requests or if you will **not** be traveling with an athletic trainer, please contact Melissa Katherman (mkatherman@westmont.edu).

APPENDIX A

Campus Map & Facility Information

WESTMONT
955 La Paz Road • Santa Barbara, CA 93108 | www.westmont.edu | 805-565-6055 | pubaffairs@westmont.edu

| | | | | | | | |
|----------------------------------|---|----------------------------------|----|-----------------|----|---|----|
| Abbott Tennis Courts | 1 | Music Building | 27 | Residence | 35 | Thorrington Field | 38 |
| Adams Center for the Visual Arts | 2 | Observatory | 28 | Reynolds Hall | 36 | Track | 39 |
| Administrative Building B | 3 | Page Hall | 29 | Clark Classroom | 37 | Track Storage | 40 |
| Armington Hall | 4 | Physical Plant/Central Receiving | 30 | | | Van Kampen Hall | 41 |
| Biology Laboratory | 5 | Porter Center | 31 | | | Nancy Voskuyl Prayer Chapel | 42 |
| Bookstore | 6 | Porter Hall/Theatre | 32 | | | Voskuyl Library | 43 |
| Campus Planning | 7 | Post Office | 33 | | | Westmont Ridley-Tree Museum of Art | 44 |
| Carr Field | 8 | Reprographics | 34 | | | Whittier Hall | 45 |
| Carroll Hall | 9 | | | | | Winter Hall for Science and Mathematics | 46 |

Parking lot P

N

The Admissions Office is located in Kerrwood Hall

Emergency Action Plan

Westmont Sports Medicine EAP

Last Revised February 2024

Emergency Action Plan (EAP)

Professional and legal requirements mandate that organizations or institutions sponsoring athletic activities have a written emergency plan. A well-thought out emergency plan has multiple components, including, but not necessarily limited to, personnel, equipment, communication, transportation, and documentation. This EAP should be reviewed on a yearly basis by school administration, legal counsel, team physician and Campus Safety.

- **Personnel**

- **Chain of Command** is as follows: Team Physicians, Certified Athletic Trainers (ATs), Athletic Administration, Campus Safety, Coaches, Student Athletic Trainers, etc.
 - Assigned responsibilities will be passed down the chain of command and any changes are to be verified up the chain.
 - Once EMS arrives on scene, Westmont College releases care to EMS personnel.
- All trained personnel should be First Aid and CPR certified
 - **Team Physician:** if present, will be ultimate authority of emergency care
 - **Athletic Trainer:** in absence of team MD, will be ultimate authority of emergency care; all direction regarding care will come only from AT; all other personnel will follow directives of AT in implementation of established EAP.
 - AT should be within a two-minute radius from the location of practice or game. If an injury/emergency occurs at an event, AT is notified and will determine whether to implement EAP.
 - **Athletic Administration:** if present, will assist in facility and EAP management; all matters not directly related to medical care will be coordinated by Athletic Administration; if necessary, EMS is to be activated by the athletic administration. Once EMS is activated, athletic administration will call Campus Safety to assist EMS to the requested location.
 - **Campus Safety:** If a non-life threatening injury or illness occurs to a spectator, athletic administration will call Campus Safety to be the lead. Should the injury or illness be significant and life-saving

measures are necessary, the host athletic trainer will ask for a pause in the game. Will call MFD.

- **Coaches:** in the absence of Athletic Administration, the Head Coach will assist in facility and EAP management; all coaching staff should be aware of the emergency action plan; assistant coaches are in charge of traffic and crowd control along with communicating pertinent information to the parent once a care-plan is made.
- **Sports Medicine Students:** Sports medicine students may be a first responder to an injured athlete. At no time will a SMS be able to signal for activation of EMS. Sports medicine students report to certified athletic trainers for emergency protocol. Athletic trainers will be directly supervising sports medicine students visually or audibly.

Emergency Care Protocol

An emergency injury involves any accident or injury that involves respiratory distress, troubled or labored breathing, difficulty speaking due to a blockage (or swelling) of the airway, circulatory distress, severe bleeding, deformity, loss of consciousness, a head or neck injury, or suspected heat illness. Keep a written record of all vital signs, the injury, all treatments performed, and all personnel involved. If there is blood or bodily fluids involved, OSHA precautions must be taken. Gloves and other protective gear deemed necessary must be worn. At least one coach per team shall be CPR & First Aid certified and have their hepatitis vaccinations.

- Reporting injuries
 - Injuries must be reported immediately to the sports medicine team. When an injury occurs during a game or practice the athletic trainer will attend to the injury. If the athletic trainer is not present when the injury occurs the coach should call the sports medicine/athletic training center immediately at (805) 565-6014. If there is no certified athletic trainer on campus, the coach will be the CPR/First Aid responder and should use their best judgment and call 911 if necessary. Under no condition should the coach provide medical treatment suggestions to the athlete unless CPR is necessary. The sports medicine staff follows the recommendation of the Campus Safety department that all coaches should obtain first aid and CPR certification.
- When an injury occurs
 - The following section outlines the sequence of actions that need to take place when an injury occurs. It is important to note that not all injuries will be in the direct supervision of the sports medicine team due to limited personnel
 - On Scene Care:
 - AT will direct medical care in absence of team physician
 - Policy on spectators wanting to provide assistance: only qualified medical personnel will be allowed to assist if team physician or AT approves

- Call the sports medicine staff at (805) 565-6014 or designated cell phone number if ATC notifies you ahead of time.
- Make a record of the injury date, athlete's name, cause of injury, treatment given, and any medical history.
- Primary assessment: Airway, Breathing & Circulation (ABCs), loss of consciousness (if *any* are compromised activate EMS [911] immediately)
- Secondary assessment:
 - evaluate nature of injury
 - determine severity of injury
 - decide if immobilization is necessary
 - if transport is necessary; if so, how
- Check for ambulance access. If Campus Safety is not present, send an assistant coach to flag down the ambulance.
 - Soccer (Thorrington Field): Ambulance will enter the track next to restrooms.
 - Baseball (Russell Carr Field): Ambulance will enter the field through the outfield fence for injuries on the field. Ambulance will enter the baseball parking lot for injuries in the stands or behind dugouts.
 - Lovik field: Ambulance will enter through the dirt road east of tennis courts and south of Reynolds Hall
 - Tennis courts: Ambulance will enter through the dirt road east of tennis courts and south of Reynolds Hall
 - Track (Thorrington Field): Ambulance will enter the track next to the restrooms.
 - Basketball/Volleyball (Murchison Gym): Ambulance will park in the lot next to Murchison gym. Gurney will be brought through the side door next to the home bench.
 - Pool or Athletic Training Room: Ambulance will park in the handicap parking space by the swimming pool.
- Provide indicated and appropriate medical care.

Communication

- Identify in advance who has cell phones and campus radio on scene
- AT will notify *athletic director* or other athletic administration
- MD or ATC will summon either Athletic Administration, coach or a student athletic trainer to activate *EMS*
- When speaking with 911 operator, include the following information:
 - **WHO**: "I am _____, a (coach, student, athletic trainer) at Westmont College.
 - **WHAT happened**: "We have an athlete who has sustained a _____ injury".

- **WHAT condition:** “The athlete is/is not _____ (conscious, breathing, etc)”
- **WHAT is being done :** For example, “We have begun CPR.”
- **WHERE you are:** “Patient is located _____ (gym, stadium, field, pool, etc)
- **Westmont Address:** 955 La Paz Road Santa Barbara, CA 93108
- **Answer 911 operator’s questions; DO NOT hang up until told to do so.**
 - AD or coach will call emergency contact, if they are not present.
 - If not being transported by ambulance, athlete will be transported to the emergency room by athletic trainer, coach, teammate or Athletic Administration.
- Once EMS has been activated, Athletic Administration will then call Campus Safety (805) 565-6222

Scene Management

- Coaches will keep area clear of on-lookers
- Campus safety will make sure gates are unlocked & direct EMS vehicles
- Athletic Trainer, Athletic Administration, or Coaches will provide directions to hospital for family, if needed

Equipment

- During event coverage, the following equipment will be available and accessible for use by trained medical personnel:
 - Athletic Trainer’s medical kit
 - Splints
 - Crutches
 - Injury ice
 - AED
- When not in use, the equipment can be found in the Athletic Training Room.
- Equipment will be in good condition and properly maintained.
- Emergency prescriptions (albuterol inhaler, epi-pen, etc.) may be stored with the athletic trainer, only if prescribed by MD to the athlete.
- The traveling AT should have the travel binder with emergency information throughout the season, and a copy of the emergency information for all athletes. All copies of files will be kept in the Athletic Training Room.
 - If there is no traveling AT, the coach will be responsible for having the travel binder with them at all times.



★ Athletic Training Room

- Ambulance will park in the handicap parking space by the swimming pool.
 - ◆ North on Cold Springs Road
 - ◆ Enter lower campus entrance heading east
 - ◆ Follow road and make a right turn on the road immediately after crossing the bridge (east of Parking Lot 10)
 - ◆ Park near handicap spot on left side of road

Thorrington Field (Soccer/Track & Field)



★ Thorrington Field

- Ambulance will enter Thorrington Field (track) next to restrooms.
 - ◆ North on Cold Springs Road
 - ◆ Left on Cold Springs lower campus entrance heading east
 - ◆ Follow road to Thorrington field (past tennis courts and cross small bridge)
 - ◆ Thorrington field (track) will be on the left