

28th Annual Rossi Relays

Saturday, February 24, 2024

Running Events			Field Events	
11:30	4 x 100 Relay	W	9:30 Hammer (South Field)	M
11:45	4 x 100 Relay	M	10:00 Shot Put	W
12:00	4 x 800 Relay	W	11:00 High Jump	M
12:15	4 x 800 Relay	M	11:00 Long Jump	W
12:30	100 Meters	W	10:00 Pole Vault	W
1:00	100 Meters	M	Long Jump (follows W)	M
1:50	100 Hurdles	W	Shot Put (follows W)	M
2:10	110 Hurdles	M	Hammer (follows M)	W
2:30	Sprint Medley Relay	W	Pole Vault (follows W)	M
	(100-100-200-400)			
2:45	Sprint Medley Relay	M	High Jump (follows M)	W
2:55	400 Hurdles	W		
3:10	400 Hurdles	M	Javelin (follows SP)	W
3:20	Distance Medley	W	Triple Jump (follows LJ)	W
	(1200-400-800-1600)		Discus (South Field)	M
3:35	Distance Medley	M		
3:50	4 x 400 Relay	W	Javelin (follows W)	M
4:10	4 x 400 Relay	M		
4:30	3000 Meters	W	Discus (follows M)	W
5:15	3000 Meters	M	Triple Jump (follows W)	M

Next page for meet information

28th Annual Rossi Relays

MEET INFORMATION

- TIME: Field Events – 9:30am Running Events - 11:30pm
- ENTRIES: This meet is for four year colleges/universities and individual open entries. Entries will be done through [Direct Athletics](#). Entries are due by Tuesday, February 20TH at 7:00 pm. Performance List will be posted on the CMS website by Wednesday at 8 pm. Heat Sheets will be posted by noon on Thursday.
- LIMITS: Starting heights: HJ - men: (1.68) 5-6, women: 1.32 (4-4)
PV - men: TBD, women: TBD
There will be four attempts for the throws and horizontal jumps.
- FACILITIES: 9 Lane Martin Polyurethane Track
HJ - PV - LJ - TJ and JT runways are Polyurethane; SP - DT - HT - Brushed Concrete
3/8” spikes for the High Jump & Javelin; 1/4” spikes for the rest
Great aiding breezes
- TIMING: Done by Finished Results with Finishlynx System.
- TRAINER: Training Room and Trainer will be available. Bring your own supplies.
- RESULTS: Results will be posted at: <http://www.cmsathletics.org/meetresults/track/rossi/Rossi20.htm>
- PARKING: Please park in the parking lot located on the southwest corner of 6th and Claremont behind the children’s school campus (southeast of the track) or in school lot north of the stadium.
- DIRECTIONS: Off I-10 (San Bernardino Freeway) between 57 and 15 freeways.
Take Indian Hill Blvd. north one mile, turn right on 6th Street, ¾ of a mile to Mills Ave.
Burns Track is located on the northeast corner of 6th and Mills directly behind Roberts Pavilion.
- QUESTIONS: Contact Glenn Stewart at 909.607.7020 or Glenn.Stewart@cms.claremont.edu
- FEES: Teams \$500.00 per Gender if 20 entries or more (\$1000 for both teams)
Individual and relay event entries are \$40 each.
There is a minimum entry fee of \$80.00 to enter only one relay. \$50.00 each for multiple relays
All entry Fees must be paid online unless you have a previous to the deadline arrangement with the host.