

Bob Larsen Distance Carnival

FINAL Meet Schedule

Friday March 22, 2024

3:00 PM	Men's Hammer Throw
To follow Men	Women's Hammer
5:00 PM	Women's Javelin
To Follow	Men's Javelin
6:00 PM	Women's 1500 (heats run fast to slow)
6:20 PM	Men's 1500 (heats run fast to slow)
6:45 PM	Women's Steeplechase
7:10 PM	Men's Steeplechase
7:30 PM	Women's 5000
7:55 PM	Men's 5000
8:15 PM	Women's 10,000
9:00 PM	Men's 10,000