

UC Riverside Spring Classic - Multis

March 21-22, 2024 • UC Riverside Track and Field Facility



Meet and Entry Information

Zach Newsom | Meet Director | Email: znewsom@ucr.edu

UC Riverside Spring Classic - Multis

Thursday-Friday, March 23-24, 2023
UC Riverside Track & Field Stadium - Riverside, CA

TENTATIVE MEET INFORMATION

Entry Information: The 2024 UCR Spring Classic Multis entries are only accepted through www.directathletics.com. Unattached athletes must email the Meet Director (znewsom@ucr.edu) to be accepted into the competition.

Entry Fees/Entry Marks: \$35 per athlete

Entry Procedure: **ONLY TFRRS marks from 2023 and 2024 Indoor/Outdoor seasons will be accepted.** All entries must be submitted on **DirectAthletics**. Please submit your entries by **Monday, March 18, 2024 at 5:00PM PST**. Placement in heats/flights will be at the discretion of meet management. If an athlete does not have a TFRRS mark, they must enter a mark that can be verified online.

Entry Standards: We will provide full & competitive fields for the heptathlon and decathlon. All Division I entries will be accepted and no reasonable entry will be denied. However, it is at the meet director's discretion to cap the fields based on the total size.

Check-in Procedure: Check-in for all running events will take place at the Clerk of Course table located by 100m start area. Check-in 15 minutes prior to your race for hip numbers and to be escorted onto the track. Athletes failing to do so may be scratched from competition. Check-in for field events will take place at your field event site 30 minutes before competition.

Timing System: Finished Results (<http://www.finishedresults.com>) will cover timing and results.

Weigh-in of Implements: All multi-event implements can be weighed in Thursday between 9:30am-11:00am and will be impounded for Friday.

Sports Medicine: UC Riverside Sports Medicine Staff will be set-up and located at the southeast end of the track stadium. A licensed Physician will be on call throughout the duration of the event.

Warm-up Area/Team Camps: Grass field behind softball will be available for warm-up. Team camps can be set up in grass on the outside of the backstretch and 2nd curve along the East & North fences.

Spectator Info: Ticket prices – Spectators (\$5) / UCR Undergrad w/ ID, Ages 3 & below (Free)

About the Track: UC Riverside's track is an 8-lane (9-lane straightaway) Rekortan M99 track surface. There are two adjacent LJ/TJ runways with sand pits at both ends. The discus, shot, and javelin are contested within the track stadium (upper field).

Parking/Directions: Bus dropoff will be in UCR lot 19. After 3:30pm, buses may remain in lot 19. However, prior to 3:30, buses must proceed to lot 26 for parking.

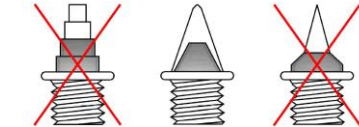
DO NOT let your bus driver enter lot 24, the incline is too steep. Team Bus Parking will be available in Parking Lot #26 (next to baseball complex). Spectator parking will be available in Parking Lot #24 for \$6.00. **Directions to Parking/Drop-Off** From the 215 South / 60 East freeway, take University Ave exit. Head east on University Ave toward campus (University Ave turns into Canyon Crest). Parking Lot #24 is located on the right immediately after the Softball Field. Parking Lot #26 is located another ½ block down Canyon Crest on the left hand side. **Lot #19:** Proceed past Lot #24 and turn right on Linden St. Turn right on Aberdeen Dr. Turn right on N Campus Dr and proceed to Lot #19.

Facility Availability and Practice Times: The UC Riverside track facility will be open to teams for workout during the following times/days. During Thursday and Friday there is a Multi-Event competition taking place that will take precedence over any team workout or pre-meet activities on the track or throws areas. Please be

respectful of the athletes competing on these days and be watchful of the infield as the javelin may be taking place. Additionally, due to the multi-event competition and for safety concerns, no discus will be allowed on the upper field until day of competition.

- Monday-Tuesday – By appointment ONLY. Please schedule with Zach Newsom if time is needed
- Wednesday – 12:00pm – 6:00pm
- Thursday – Competition warm-ups only
- Friday – Competition warm-ups only

Spike Pin Type and Size: The only spike pin allowed for our facility is the ¼” pyramid spike. Athletes can be disqualified from the meet if they do not comply with this rule (High Jump and Javelin events are allowed a 3/8” pyramid spike). **NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED** (see image below). No permanent spike shoes allowed. Shoes will be checked at last call in the clerk area prior to getting on the track.



UC RIVERSIDE SPRING TRACK CLASSIC MULTI'S, HAMMER & TRACK TENTATIVE SCHEDULE
UC RIVERSIDE TRACK AND FIELD STADIUM
Thursday-Friday, March 21-22, 2024

Thursday, March 21, 2024		
11:00 AM	100 meters	Decathlon
	Long Jump	Decathlon
	Shot Put	Decathlon
	High Jump	Decathlon
	400m	Decathlon

12:00 PM	100m hurdles	Heptathlon
	High Jump	Heptathlon
	Shot Put	Heptathlon
	200m	Heptathlon

Friday, March 22, 2024		
11:00 AM	110 meter hurdles	Decathlon
	Discus	Decathlon
	Pole Vault	Decathlon
	Javelin	Decathlon
	1,500 meters	Decathlon

12:00 PM	Long Jump	Heptathlon
	Javelin	Heptathlon
	800 meters	Heptathlon

Competition Track, Parking, Throws Areas and Warm-up Field



PREFERRED HOTEL

**Hyatt Place Riverside
Downtown**
3500 Market Avenue, Riverside, CA 92501

Comfort Inn
1590 University Ave. Riverside, CA 92501
Contact – Greg Hamilton
greg@comfortinnriverside.com
951-683-6000

Please consider the following restaurant partners when

<u>Restaurant</u>	<u>POC</u>	<u>Number</u>	<u>Closest Address</u>
Bakers Drive Thru	Joe Am		de, CA 92507
Chick Fil A			vy, Riverside, CA 92507
Freshii	Darrin I		Riverside, CA 92506
Old Spaghetti Factory	Ryan D		verside, CA 92507
Sub Station	Richard Munio	951-683-4523	3663 Canyon Crest Dr. Riverside, CA 92507
Wing Stop		951-682-9464	1744 University Ave, Riverside, CA 92507

Courtyard by Marriott Riverside
Contact – Dawn Katlego
dawn.katlego@courtyardriverside.com
www.courtyard.com/ralcy
951-781-2859

