

## 2024 U.S. Paralympics Track & Field National Championships Schedule

	Session	AM/PM	Time Changes	Eligible Classifications	Event	WC/AMB	Field/Track	Phase
March 15	1	AM			TRACK OPENS/Compensator Setting			
March 15	1	AM			Track CLOSES			
March 15	1	AM		T11/12/13	W 5000m	Amb	Track	Final
March 15	1	AM		T53/T54	W 5000m	WC	Track	Prelim
March 15	1	AM		T53/54	M 5000m	WC	Track	Prelim
March 15	1	AM		T11/12/13	M 5000m	Amb	Track	Final
March 15	1	AM		F31/32, F51	Mixed Club	WC	Field	Final
March 15	1	AM		T13	M Long Jump	Amb	Field	Final
March 15	1	AM		F34,57	M Shotput	WC	Field	Final
March 15	1	AM		F40, 41, 46, 63	M Shotput	Amb	Field	Finals
March 15	1	AM		T11,13	W 200m	Amb	Track	Final
March 15	1	AM		T35	W 200m	Amb	Track	Final
March 16	1	AM		T35	Men's 200	Amb	Track	Final
March 15	1	AM		T37/38	W 200m	Amb	Track	Prelim
March 15	1	AM		T45/46/47	W 200m	Amb	Track	Prelim
March 15	1	AM		T64/62	W 200m	Amb	Track	Final
March 15	1	AM		T35/37	M 200m	Amb	Track	Final
March 15	1	AM		T51	M 200m	Amb	Track	Final
March 15	1	AM		32/33/34	Women's Shot	WC	Field	Final
March 15	1	AM		Track Open for warm up				
March 15	1	AM		34/53	Women's 800	WC	Track	Final
March 15	1	AM		T11	M Long Jump	Amb	Field	Final
March 15	1	AM		T53	Men's 800	WC	Track	Final
March 15	1	AM		T54	Men's 800	WC	Track	Final
March 15	1	AM		T54	Women's 800	WC	Track	Final
March 15	1	AM		T53	Women's 800	WC	Track	Final
March 15	1	AM		33/34	Men's 800	WC	Track	Final
March 15	1	AM		All Eligible Classes	Open 100m	Amb	Track	Open
March 15	1	AM		All Eligible Classes	Open 100m	WC	Track	Open
March 15	2	PM		Track Opens/Compensator Setting				
March 15	2	PM		Track CLOSES				
March 15	2	PM		T45, 46, 47, 61, 63, 42	Men's High Jump		Field	Final
March 15	2	PM		T/37/38, T42,61/63-45/46/47, T62/64/43/44	Women's Long Jump		Field	Final
March 15	2	PM		33/34	Men's Javelin	WC	Field	Final
March 15	2	PM		11/35/36/37/38	Women's Shot	Amb	Field	Final
March 15	2	PM		56/57	Women's Discus	WC	Field	Final
March 15	2	PM		36/37/38/62/64	Men's Shot	Amb	Field	Final
March 15	2	PM		F53/54, F55/56	Women's Javelin	WC	Field	Final
March 15	2	PM		T37/62	Women's 800	Amb	Track	Final
March 15	2	PM		53/54	Men's Discus	WC	Field	Final
March 15	2	PM		T11	Men's 100	Amb	Track	Prelim
March 15	2	PM		T37	Men's 100	Amb	Track	Final
March 15	2	PM		T38	Men's 100	Amb	Track	Final
March 15	2	PM		T11/12	Women's 100	Amb	Track	Final
March 15	2	PM		T13	Women's 100	Amb	Track	Final
March 15	2	PM		44/62/64-63	Women's 100	Amb	Track	Final
March 15	2	PM		56	Men's Shot	WC	Field	Final
March 15	2	PM		Track Open for warm up				
March 15	2	PM		T13	Men's 100	Amb	Track	Final
March 15	2	PM		44/62/64	Men's 100	Amb	Track	Prelim
March 16	2	PM		63	Men's 100	Amb	Track	Final
March 15	2	PM		T53/T54	M 5000m	Amb	Track	Final
March 15	2	PM		T53/T54	W 5000m	Amb	Track	Final
March 15	2	PM		53/54	Men's Javelin	WC	Field	Final
March 15	2	PM		33/34	Men's Javelin	WC	Field	Final
March 16	3	AM		Track Open				
March 16	3	AM		Track Closes				
March 16	3	AM		20/35/36/37/38	Men's Long Jump	Amb	Field	Final
March 16	3	AM		56	Men's Discus	WC	Field	Final
March 16	3	AM		F 35/36/38/62/64/ W- F13	Javelin	Amb	Field	Final
March 16	3	AM		35/36/37/40/41	Women's Discus	Amb	Field	Final
March 16	3	AM		11,12,40,41,45,46	Men's Shot	Amb	Field	Final
March 16	3	AM		54	Women's 100	WC	Track	Prelim
March 16	3	AM		54	Men's 100	WC	Track	Prelim
March 16	3	AM		45/46/47	Men's 100	Amb	Track	Final
March 16	3	AM		51/54	Women's Discus	WC	Field	Final
March 16	3	AM		55	Women's Discus	WC	Field	Final
March 16	3	AM		45/46/47	Women's 100	Amb	Track	Final
March 16	3	AM		53	Women's 100	WC	Track	Final
March 16	3	AM		20/32/33/34	Women's 100	WC	Track	Final

March 16	3	AM		52	Men's 100	WC	Track	Final
March 16	3	AM		53	Men's 100	WC	Track	Final
March 16	3	AM		44/62/64	Men's 100	Amb	Track	Final
March 16	3	AM		71/72	Mixed 100	WC	Track	Final
March 16	3	AM		35	Women's 100	Amb	Track	Final
March 16	3	AM		37	Women's 100	Amb	Track	Final
March 16	3	AM		38	Women's 100	Amb	Track	Final
March 16	3	AM		12/13/45/46	Women's Javelin	Amb	Field	Final
March 16	3	AM		54/55	Women's Shot	WC	Field	Final
March 16	3	AM		36	Men's 100	Amb	Track	Final
March 16	3	AM		11	Men's 100	Amb	Track	Final
March 16	3	AM		54	Men's 400	WC	Track	Prelim
March 16	3	AM		20/38	Men's 400	Amb	Track	Final
March 16	3	AM		36	Men's 400	Amb	Track	Final
March 16	3	AM		35/37	Men's 400	Amb	Track	Final
March 16	3	AM		37	Women's 200	Amb	Track	Final
March 16	3	AM		44	Men's 200	Amb	Track	Final
March 16	3	AM		64/44	M 200m	Amb	Track	Prelim
March 16	3	AM		13/20	Women's 1500	Amb	Track	Final
March 16	3	AM		34/53/54	Women's 1500	WC	Track	Final
March 16	3	AM		53/54	Men's 1500	WC	Track	Prelim
March 16		AM		All Eligible Classes	Open 200m	WC		Open
March 16		AM		All Eligible Classes	Open 200m	Amb		Open
March 16	4	PM		Open Track				
March 16	4	PM		Track Closes				
March 16	4	PM		53/54	Men's Shot	WC	Field	Final
March 16	4	PM		54	Women's 800	WC	Track	Final
March 16	4	PM		13/20/38	Men's 1500	Amb	Track	Final
March 16	4	PM		11/12	Men's 1500	Amb	Track	Final
March 16	4	PM		55	Men's Shot Put	WC	Field	Final
March 16	4	PM		12/38	Women's 1500m	Amb	Track	
March 16	4	PM		53/54	Men's 1500	WC	Track	Final
March 16	4	PM		11/12	Women's 1500m	Amb	Track	Final
March 16	4	PM		11/12	Men & Women's Long Jump	Amb	Field	Final
March 16	4	PM		37/38	Women's 200	Amb	Track	Final
March 16	4	PM		20/36/37	Men's 200	Amb	Track	Final
March 16	4	PM		44/64	Men's 200	Amb	Track	Final
March 16	4	PM		36	Women's 200	Amb	Track	Final
March 16	4	PM		Track Open for warm up				
March 16	4	PM		32/34	Women's 200	Amb	Track	Final
March 16	4	PM		54	Men's 200	WC	Track	Prelim
March 16	4	PM		57	Men's Discus	WC	Field	Final
March 16	4	PM		54	Women's 200	WC	Track	Final
March 16	4	PM		38/44/46/64	Women's Discus	Amb	Field	Final
March 16	4	PM		13/20/45/46/47	Women's 400	Amb	Track	Final
March 16	4	PM		38/62	Women's 400	Amb	Track	Final
March 16	4	PM		34/53	Women's 400	Amb	Track	Final
March 16	4	PM		52	Men's 400	WC	Track	Final
March 16	4	PM		45/46/47	Men's 400	Amb	Track	Final
March 16	4	PM		37/40/4145/46	Men's Javelin	Amb	Field	Final
March 16	4	PM		53	Men's 400	WC	Track	Final
March 16	4	PM		54	Women's 400	WC	Track	Prelim
March 16	4	PM		56/57	Women's Javelin	WC	Field	Final
March 16	4	PM		54	Men's 400	WC	Track	Final
March 16	4	PM		11	Men's 400	Amb	Track	Prelim
March 16	4	PM		40/45/62/63/64	Men's Long Jump	Amb	Field	Final
March 16	4	PM		33/34	Women's Javelin	WC	Field	Final
March 16	4	PM		11/36/38/40/41/45/46	Men's Discus	Amb	Field	Final
March 16	4	PM		40/41	Women's Shot	Amb	Field	Final
March 16	4	PM		Relay Classes	Universal Relay	Mixed	Track	Final
March 17	5	AM		Track Open				
March 17	5	AM		Track Closes				
March 17	5	AM		32/33/34	Men's Shot	WC	Field	Final
March 17	5	AM		37/64	Men's Discus	Amb	Field	Final
March 17	5	AM		34	Women's Discus	WC	Field	Final
March 17	5	AM		56/57	Women's Shot	WC	Field	Final
March 17	5	AM		44/46/64	Women's Shot	Amb	Field	Final
March 17	5	AM		54	Women's 400	WC	Track	Final
March 17	5	AM		12/13	Men's 400	Amb	Track	Final
March 17	5	AM		35/36/37	Women's 400	Amb	Track	Final
March 17	5	AM		62	Men's 400	Amb	Track	Final
March 17	5	AM		11/35/37	Women's Discus	Amb	Field	Final
March 17	5	AM		57	Men's Javelin	WC	Field	Final

March 17	5	AM		12/45	Men's 800	Amb	Track	Final
March 17	5	AM		54	Men's 200	WC	Track	Final
March 17	5	AM		45/46/47	Women's 200	Amb	Track	Final
March 17	5	AM		62/64	Women's 200	Amb	Track	Final
March 17	5	AM		54	Men's 100	WC	Track	Final
March 17	5	AM		54	Women's 100	WC	Track	Final
March 17	5	AM		62/64	Men's 100	Amb	Track	Final
March 17	5	AM		35	Men's 100	Amb	Track	Final
March 17	5	AM		37/40/41	Men's 100	Amb	Track	Final
March 17	5	AM		56	Men's Javelin	WC	Field	Final