

Welcome to the 45th Annual Dana Hills Nike Invitational. It is our mission to provide your team a quality meet with great competition and fast times. Meet will take place at Dana Hills High School on September 22, 2018; first race goes off at 8:00 am.

Special Note:

- We will continue with our Invitational Section for Elite Athletes (see below).
- We will also continue to use chip timing courtesy of Finished Results.

REGISTRATION

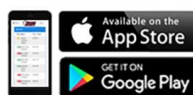
- Due to an over whelming interest in our Invitational, we will be trying to limit the entries to the first 100 teams to sign-up. Sign-up by registering/declaring on finishedresults.com
- Entries are now open on finishedresults.com; the last day to make changes will be September 16, 2018 at 10:00 am.

COST & PAYMENT

- \$55.00 per race (5 or more runners), or \$12.00 per individual runner. There is a set maximum of \$400.00.
- **Make checks payable to – DANA RUNNING FOUNDATION.**
- Please mail check to:

Dana Hills High School
C/O Craig Dunn
33333 Golden Lantern
Dana Point, CA 92629

- Note that you will not be allowed to compete if you have not paid your entry fee. We will hold a personal check until school check is received, but there will be an additional \$25.00 fee. Please try and have checks in the mail before 9/4/18.
- Please also know that if you are registered for the Dana Hills Nike Invitational on Finished Results, you will be charged even if you do not show up, you are taking another teams spot.



Use Discount Code
"FINISHED"

For 15% Off at: VSathletics.com



DIVISIONS

- All divisions will be decided by enrollment, level of competitiveness, and time registered.
- We will post participating teams on our website with final confirmation of participating teams and divisions on Tuesday September 18, 2018 at 12:00 pm. If you need to know your division ahead of time, please email bluemonkeyman@hotmail.com

AWARDS

- Invitational Sections: Plaques will be awarded to top 4 teams; individual medals to top 60.
- Grade Level Races: Plaques will be awarded to top 2 teams; Individual medals to top 50.

PARKING

- Buses parking information will be sent to you the beginning of September as we are working to make parking better for all.
- Cars can park in the second parking lot closest to the stadium or anywhere they can find legal parking in the community.

PACKET PICK-UP

- Be sure to pick up your teams packet at the west end of the track, coaches only please.

CLERK OF THE COURSE

- Please have your runners report to the Starting Line 15 minutes prior to their race, ready to run.

IMPORTANT DATES

- ASAP – Register/Declare on finishedresults.com
- 9/16/18 – Athlete registration on finishedresults.com closes at 10:00 am
- 9/18/18 – Final confirmations and Divisions will posted on dhhsdolphins.com/cc/dhi.html
- 9/22/18 – Dana Hills Nike Invitational

Any further questions, please contact Craig Dunn at (949) 395-1351 or bluemonkeyman@hotmail.com



Hello Coaches,

The Dana Hills Nike Invitational will continue to offer an Invitational Section. The Boy's and Girl's Division 1 Senior races are now the Invitational Section that will be open to top Boys and Girls from all Divisions and all grade levels. All Division 1 Seniors will still run in this race, we will just be adding a little more speed. The idea behind this is to let the top boy's and the top girl's race in a head to head situation under more ideal conditions. Last year we had a record 172 boys dip under 16:00 and 139 girls under 19:00, this year is shaping up to be even better.

You will need to enter all of your athletes on finishedresults.com no later than September 16, 2018 at 10:00 am. Anyone who is interested in running in the Invitational section, please email me ASAP at bluemonkeyman@hotmail.com

Please include justification as to why your individual(s) belongs in the Invitational section (ei. XC times at notable courses, track times, etc.). We are looking for Boys that can break 16:00 minutes and Girls that can break 19:00.

As for other divisions, they will still be decided on by enrollment, level of competitiveness, and time registered. There is no need to send in a contract, just register on finishedresults.com

Thank You,

Craig Dunn

