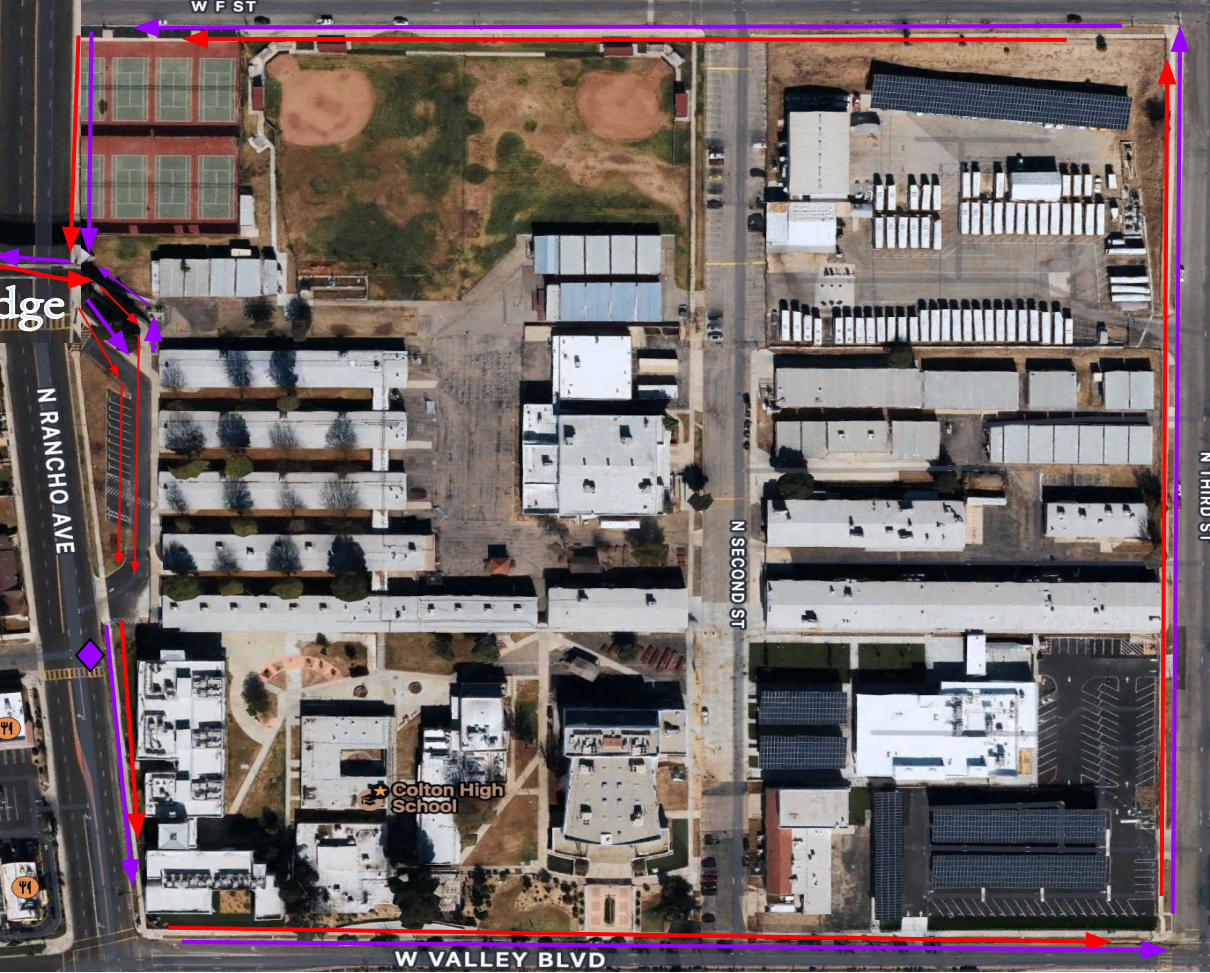


Mile 1: The starting line is on the North West corner of the field. Runners then run diagonally onto the track for half a lap. When runners finish their lap, they make a slight turn through the large gate to go behind the home bleachers then make a right turn through the large gates to go in front of track gates. Runners go on the back of the gym towards the baseball fields entering the fields making a right turn towards the backstop and running toward the next field and entering making a right turn, finishing a lap exit through the first field making a right running to the back of the locker room up and over the bridge.

Mile 2: Runners come down the bridge heading down Rancho Ave and turning left onto Valley Blvd then making a left onto 3rd street, running uphill and turning left onto F Street running downhill. Runners make a left onto Rancho Ave and head back down towards Valley Blvd.

Mile 3: Runners on Rancho Ave make a left onto Valley Blvd, a left onto 3rd Street running uphill then a left on F St running downhill then turn left onto Rancho Ave and a sharp left turn into and over the bridge. Runners come down the bridge running behind the locker room, past the baseball fields, behind the gym then making a sharp left turn behind the bleachers, another sharp left turn into the track going opposite the way the race started and finish behind the goal post on the track.



Welcome to the Arrowhead Conference Finals 3 mile XC Course at Colton High School!

- Team setup is located in bleachers only.
- Restrooms are located near the snack bars.
- Athletic Trainers are available on the field.

- Mile 2 begins ◆
- Mile 3 begins ◆