

4th Ian Cumming/Tim Latham Cross Country Invitational Friday,
September 8th, 2023—2:00 p.m. at Rohr Park

Dear Coach,

I hope you are looking forward to a great summer. We are looking forward to your participation in the **4th Ian Cumming/Tim Latham Cross Country Invitational** held on Friday, September 8th, 2023 —2:00 p.m. at Rohr Park. This meet will be a combination of what was once Mustang Invitational and South Bay Invitational.

We are very excited to honor two legends of the South Bay who impacted literally tens of thousands of student-athletes and saw great success in the process. Both Coach Cumming and Latham have been supportive of continued South Bay success in both cross country and track and field in retirement. This meet is a testament to their work and most importantly to the legacy they have built.

This is purely an information sheet with costs, times, distances and locations. Nothing needs to be mailed back to either school at this point.

Timing: We will be using Finished Results, and chip timing.

COURSE DESCRIPTION: The course is predominantly grass and dirt with a very limited amount of concrete and asphalt. It is also predominantly flat with only one short hill. It is definitely cross country but it is nice for early season since there are not any grueling hill stretches. Start and finish are in the same places for all races.

ENTRY FEES: Minimum Team fee (up to 5 Athletes) **\$60**

Team Fee per athlete (6 or more Athletes) \$12 per Athlete

- 17 athletes competing in all races = 17 * \$12 per athlete = **\$204**

Please make checks payable to Otay Ranch Cross Country

Maximum Team Fee (both Genders) \$400

Maximum Team Fee (If only one Gender) \$250

AWARDS: Medals will be awarded to the top 35 (5 G, 10 S, 20 B) individuals in all races. Team Plaques will be given as well, to the top 3 teams.

Race Schedule

2:00 PM	Boys Junior Varsity Mustang Division	Distance 2.5 Mile
2:25 PM	Boys Junior Varsity Red Devil Division	Distance 2.5 Mile
2:55 PM	Boys Frosh / Soph Mustang Division	Distance 2.5 Mile
3:25 PM	Boys Frosh / Soph Red Devil Division	Distance 2.5 Mile
3:55 PM	Girls Varsity Mustang Division	Distance 2.5 Mile
4:20 PM	Girls Varsity Red Devil Division	Distance 2.5 Mile
4:45 PM	Boys Varsity Mustang Division	Distance 3.1 Mile
5:10 PM	Boys Varsity Red Devil Division	Distance 3.1 Mile
5:35 PM	Girls Junior Varsity Mustang Division	Distance 2 Mile
6:05 PM	Girls Junior Varsity Red Devil Division	Distance 2 Mile

Best,

Julian Valdez (ORH) & Jaime Romero (SUH)