


North County Championships

Kit Carson Park

Race 1 - Palomar Girls - 5K

11/16/2019 - 8:00AM

Team Race Results

Place	Name	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	POWAY	49	1:38:01	19:36	6:18	1:29	3, 7, 10, 12, 17, 23, 24	3, 7, 10, 12, 17, 23, 24
2	MT CARMEL	52	1:37:59	19:35	6:18	1:53	2, 4, 11, 14, 21, 26, 27	2, 4, 11, 14, 21, 25, 26
3	DEL NORTE	55	1:38:06	19:37	6:18	1:57	1, 6, 13, 15, 20, 22, 29	1, 6, 13, 15, 20, 22, 28
4	RANCHO BERNARDO	66	1:39:19	19:51	6:23	1:28	5, 8, 16, 18, 19, 30, 32	5, 8, 16, 18, 19, 29, 30
5	 WESTVIEW	132	1:45:01	21:00	6:45	1:39	9, 28, 33, 35, 41, 43, 44	9, 27, 31, 32, 33, 34, 35



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Race 1 - Palomar Girls - 5K

11/16/2019 - 8:00AM

Individual Race Results

Place	Name	Grade	School	Time	Points	Place	Name	Grade	School	Time	Points
1	Hannah Riggins	9	Del Norte	18:28.4	1	39	Savannah McEwan	11	Poway	21:27.0	
2	Navaya Zales	10	Mt Carmel	18:39.0	2	40	Elle Maglalang	9	Rancho Bernardo	21:27.9	
3	Mackenzie Rogers	10	Poway	18:45.3	3	41	Pooneh Zehtabfard	10	Westview	21:29.6	33
4	Sydney Paul	10	Mt Carmel	18:54.1	4	42	Emma Sandrew	10	Del Norte	21:38.2	
5	Ashley Learn	11	Rancho Bernardo	18:56.0	5	43	Anjelica Arias	11	Westview	21:47.1	34
6	Jenna Kim	12	Del Norte	19:06.8	6	44	Stephanie Comer	11	Westview	21:51.5	35
7	Eva Rethmeier	12	Poway	19:14.3	7	45	Mackenzie Cunningham	10	Mt Carmel	21:53.2	
8	Emma George	9	Rancho Bernardo	19:31.8	8	46	Kali Olmsted	11	Mt Carmel	21:54.5	
9	Mattie Nelson	10	Westview	19:50.5	9	47	Zari Salimitari	10	Poway	21:58.0	
10	Sarah Chittle	12	Poway	19:51.5	10	48	Serena Lo	11	Westview	22:02.7	
11	Lindsey Kurtz	12	Mt Carmel	19:53.6	11	49	Lyndsey Umsted	12	Poway	22:04.0	
12	Alina Ruvalcaba	10	Poway	19:55.8	12	50	Kirsten Newkirk	9	Mt Carmel	22:06.6	
13	Sara Earney	11	Del Norte	19:59.7	13	51	Hannah Lefstein	10	Rancho Bernardo	22:23.9	
14	Breea Selbrede	9	Mt Carmel	20:00.2	14	52	Kiana Watson	9	Westview	22:24.6	
15	Dannah Golich	12	Del Norte	20:06.2	15	53	Gina Lee	11	Rancho Bernardo	22:37.7	
16	Audra Sutherland	9	Rancho Bernardo	20:07.8	16	54	Amanda Phillip	10	Del Norte	22:40.3	
17	Sophia Chittle	10	Poway	20:14.8	17	55	Maya Hamilton	12	Westview	22:54.4	
18	Samantha Ryan	11	Rancho Bernardo	20:20.1	18	56	Audree Mendoza	9	Rancho Bernardo	23:44.5	
19	Victoria Dinov	12	Rancho Bernardo	20:24.0	19	57	Lilah Rogers	10	Rancho Bernardo	25:27.6	
20	Emma Hong	9	Del Norte	20:25.4	20						
21	Roxy Hudson	10	Mt Carmel	20:32.6	21						
22	Summer Stevenson	10	Del Norte	20:35.2	22						
23	Katie Downs	12	Poway	20:36.0	23						
24	Arielle Johnson	12	Poway	20:36.2	24						
25	katherine Greene	9	Poway	20:36.2							
26	Kaitlyn Webb	12	Mt Carmel	20:55.1	25						
27	Bryana Carlton	11	Mt Carmel	20:58.0	26						
28	Madeline McFarland	10	Westview	20:58.5	27						
29	Isabella Sarralde	11	Del Norte	20:59.3	28						
30	Jacey Farmer	10	Rancho Bernardo	21:01.0	29						
31	Alyssa Sutherland	9	Del Norte	21:02.8							
32	Mia Stephenson	11	Rancho Bernardo	21:10.8	30						
33	Lucy Sullivan	9	Westview	21:20.3	31						
34	Kariya Lau	12	Mt Carmel	21:21.9							
35	Chloe Cartwright	11	Westview	21:22.2	32						
36	Emma Turpin	10	Mt Carmel	21:22.6							
37	Katelyn Dale	11	Del Norte	21:24.1							
38	Alison Short	12	Del Norte	21:25.3							



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